



# Forest Glade Primary and Nursery School Family – Growth – Potential

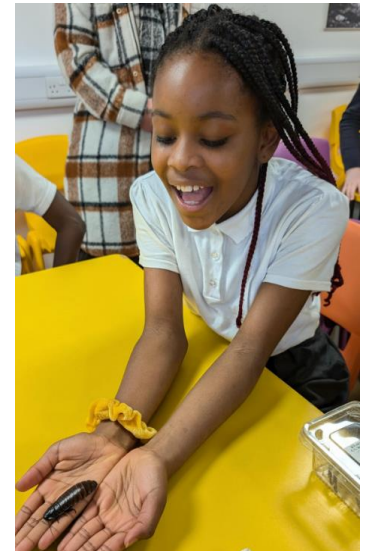
October 2024

**We have had a great first half term with lots of amazing learning. We break up for half term today, so we look forward to seeing you all back at school on Monday the 4<sup>th</sup> of November!**



### Year 5 Yorkshire Wildlife Park Trip

Year 5 visited Yorkshire Wildlife Park as part of their enquiry, 'How can I make a difference?' They took part in a workshop about endangered animals and the rainforest, held different exotic animals and were able to explore the park to see many of the animals there. Mrs Kinsella and Mrs Lomax were very proud of all the children who displayed many of the Forest Glade values throughout the day.



### FS2 Nottingham Trip

Our Reception children travelled to Nottingham by train to compare the differences in Sutton and their local environment to a city. They saw Nottingham Castle, the Robin Hood statue and even a canal boat going through the locks, in addition to many other features of the city. Mrs Jackson and Miss Johnson were very proud of the children who represented Forest Glade amazingly. A big thank you to all the adults who volunteered to help, this trip wouldn't have been possible without you!



### Eco Quote of the Month

“Join the race to make the world a better place!”



### Water Saving Tip of the Month

“Install a dual flush on your toilet!”



# Key Information



## Harvest Festival

Reverend Julie from St. Mary's Food Bank came to see our children for our Harvest Festival assembly. The children found out what will happen with our donations and Reverend Julie chose some volunteers to help tell a story of being grateful for the things we have and that sharing is caring! Thank you for your donations and support.



## Flu Vaccinations

The flu vaccine is being offered to all primary school-aged children. Flu vaccinations will take place in school on **Wednesday 20<sup>th</sup> November**. If you have not done so already please remember to complete the link below:

<https://nhslmms.azurewebsites.net/session/a869b56d>

It is important that all parents complete a form even if you do not want your child to have the vaccine. Please complete the 'No' form after following the link.

## Nursery/Reception Open Evening

Call 01623 452770 to book a place!



## World Mental Health Day – 'Hello Yellow'

We all took part in the 'Hello Yellow' campaign on World Mental Health Day. The children took part in lots of activities and learnt how to support their mental health. We raised lots of money for the charity Young Minds so thank you for all your support!



## Applying for the academic year 2025-26

Admissions open for Reception places on the 4<sup>th</sup> November 2024 and will close on the 15<sup>th</sup> January 2025.

**Current Year 6** - Admissions for secondary school places close on 31<sup>st</sup> October. Please use the link below to apply for either Reception or secondary school places; <https://www.nottinghamshire.gov.uk/education/school-admissions/before-you-apply>

## Bonfire Night Meal Reminder

If you would like your child to have the Bonfire Night school dinner on Tuesday the 5<sup>th</sup> of November, please do not forget to book this on ParentPay.



## Upcoming dates for the diary

October Half Term – 21<sup>st</sup> October – 1<sup>st</sup> November  
Bonfire Night Meal – 5<sup>th</sup> November  
Odd Socks Day – 12<sup>th</sup> November  
Children in Need – 15<sup>th</sup> November  
Flu Vaccinations – 20<sup>th</sup> November  
Parents Evening – 26<sup>th</sup> & 27<sup>th</sup> November

## Christmas dates for the diary

Whole School Panto Trip – 5<sup>th</sup> December  
EYFS Nativity – 10<sup>th</sup> December 2:15pm  
KS1 Nativity – 11<sup>th</sup> December 10:00am  
EYFS Nativity – 12<sup>th</sup> December 9:30am  
KS1 Nativity 12<sup>th</sup> December 5:00pm  
Christmas Jumper Day – 12<sup>th</sup> December  
Christmas Dinner Day – 16<sup>th</sup> December  
Carols on the Playground – 20<sup>th</sup> December

## Inset Days for 2024/2025

Monday 24<sup>th</sup> February 2025  
Monday 28<sup>th</sup> July 2025  
Tuesday 29<sup>th</sup> July 2025



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about HORROR FILMS & AGE RATINGS

The 'on-demand' availability of streaming platforms in many homes creates extra possibilities for young viewers to be exposed to age-inappropriate content. Material which features horror or violence can cause anxiety and nightmares for children, especially since it can be hard for young ones to grasp that what they're watching isn't real.

### CLASSIFICATION BREAKDOWN

The British Board of Film Classification has the following age ratings:

U: Suitable for all ages

PG: For children aged 8 and above; this content shouldn't unsettle them

12A: Children under the age of 12 should not watch without an adult; this content potentially features bad language, nudity or sexual references

15: Suitable only for 15-year-olds and above

18: Exclusively for an adult audience, with potentially explicit themes of violence, nudity or sex

### WHAT ARE THE RISKS?

### STREAMING IS EVERYWHERE

Modern mobile devices make it very easy for children to watch streamed films without the need for a TV. The availability of inappropriate content has risen significantly on streaming platforms, almost all of which host 18-rated content. If not restricted by parental controls, this could be viewed by children who aren't quite ready for such adult themes, concepts and imagery.

### FACT VS. FICTION

Many children have no trouble separating fact from fiction. However, with modern day technology making pretend violence and horror look ever more realistic, it's becoming harder for youngsters to tell the difference. For instance, consider remakes of older films, where dated special effects (making it easy to discern that something wasn't real) have been replaced by far more convincing monsters and gore.

### PEER PRESSURE

Friends encouraging each other to watch the latest film featuring violence or horror can lead to children consuming content that they're not ready for. As 18+ content is available on many streaming platforms, youngsters can watch these together – potentially without their parents' or carers' knowledge.

### CHILDREN SCARE DIFFERENTLY

It can be difficult to decide what content is appropriate for children. What's fine for one child could be extremely frightening for another. As many children admit to not sharing or discussing the content they watch with their parents, encouraging an open dialogue around the kind of media that young people consume can help avoid exposing them to any inappropriate content.

### PSYCHOLOGICAL IMPACTS

Horror prides itself on its ability to startle or induce genuine fear in the viewer – so it's no surprise that this genre isn't usually intended for children. A natural side-effect of this is that 'jump scares' or a creepy, suspenseful atmosphere can have lasting effects on younger minds. The resulting anxiety can impact a child's sleeping patterns or eating habits.

## Advice for Parents & Educators

### WATCH THE FILM FIRST

If you're concerned that a film might be unsuitable for children (whether it's their first dive into the horror genre or a step up in age classification), then take a look for yourself. There's no better way to judge whether this content is something you'd deem appropriate for a child – and if a parent, for example, has actually seen the film (or at least a portion of it), they can construct a far more credible case if they decide it's inappropriate.

### REMEMBER – IT'S NOT REAL

Emphasise to children that the content they're viewing is entirely fictional and has no chance of affecting them in real life. If a child is upset after watching a film, try to understand what exactly has unsettled them: this can help you approach the topic in a healthy and informative manner, to dispel any fears or anxieties they may have.

### DISCUSS THE CONTENT OF FILMS

If a child has seen a film that you think may have exposed them to potentially uncomfortable themes and ideas, don't shy away from talking about it, and answer any questions they may have. This is especially important if they watched the film without an adult present. Ask them to summarise the story for you, as this will give you an understanding of what they've learned from watching it.

### USE PARENTAL CONTROLS

Most streaming platforms have the option to put age ranges on children's accounts. This means that films and shows that are inappropriate for children won't be advertised while they're browsing and won't even appear if a child specifically searches for them. This can be changed any time at parents' discretion, but it's wise to protect these settings with a password, so a child can't alter anything on their own.

### Meet Our Expert

John Insey is an assistant principal at a secondary school. He has been involved with e-safety in schools for over 10 years, writing policies and supporting various schools in developing their e-safety provision. John has introduced a range of strategies at multiple schools aimed at helping parents to better support their child in the ever-changing digital world.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/horror-films-and-age-ratings>