



# Forest Glade Primary and Nursery School Family – Growth – Potential

October 2025

**We have had a great first half term with lots of amazing learning. We break up for half term today and look forward to seeing you all back at school on Monday the 3<sup>rd</sup> of November!**

## Year 2 The Deep Trip

Our Year 2 children visited The Deep aquarium to support their learning about ocean habitats and plastic pollution. The children were able to explore the aquarium and took part in a workshop all about pollution. Mrs Akpovi was very impressed with all the children who displayed amazing responsibility and curiosity. Well done Year 2!



## ♥ Hello Yellow – World Mental Health Day ♥

We came to school wearing something yellow for World Mental Health Day as part of the 'Hello Yellow' campaign. The children also took part in activities to learn how to support their mental health. Thank you so much for your donations to help raise money for the Young Minds charity!



## Eco Quote of the Month

“Join the race to make the world a better place!”



## Water Saving Tip of the Month

“Install a dual flush on your toilet!”



# Key Information



## FS2 Nottingham Trip

Our FS2 children visited Nottingham on the train to explore how city life is different from their town of Sutton-in-Ashfield. What a brilliant opportunity for them to see the differences in real-life, whilst also being able to experience travelling by train. A huge thank you to all the grown-ups who supported the trip and came along with us, the children wouldn't have been able to enjoy this experience without you!



## Flu Vaccinations

The flu vaccine is being offered to all primary school-aged children. Flu vaccinations will take place in school on **Friday 28<sup>th</sup> November**. If you have not done so already please remember to complete the link below:

<https://nhslmms.azurewebsites.net/session/ee81c7b5>

It is important that all parents complete a form even if you do not want your child to have the vaccine. Please complete the 'No' form after following the link.

## Year 5 Yorkshire Wildlife Park Trip

Our Year 5 children visited Yorkshire Wildlife Park to support their enquiry learning, 'How can I make a difference?' They took part in a rainforest and endangered animals workshop, held different exotic animals and explored the park to see many of the different animals there.



## Harvest Festival

Our children had a special assembly led by New Cross Church who shared the importance of Harvest and the difference our donations make to our local community. A big thank you to everybody who sent in donations, we really appreciate your support!



## PTA Halloween Celebrations

There was lots of creativity displayed in our 'decorate a pumpkin' competition. A huge well done to all the winners and everybody who took part! We also loved seeing all the wonderful Halloween costumes on Halloween dress up day, the children had lots of spooky fun! Thank you for your continued support.



## Upcoming dates for the diary

October Half Term – 20<sup>th</sup> October – 31<sup>st</sup> October  
Anti-Bullying Week – 10<sup>th</sup> – 14<sup>th</sup> November  
Odd Socks Day – 10<sup>th</sup> November  
Children in Need – 14<sup>th</sup> November  
Parents Evening – 26<sup>th</sup> & 27<sup>th</sup> November  
Flu Immunisations – 28<sup>th</sup> November

## Inset Days for 2025/2026

Monday 23<sup>rd</sup> February 2026  
Monday 27<sup>th</sup> July 2026



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

**SNAP STREAK**

**97**

**WHAT ARE THE RISKS?**

## What Parents & Educators Need to Know about

# SNAPCHAT

AGE RESTRICTION  
**13+**

With over 900 million active monthly users and billions of 'Snaps' sent each month, Snapchat is a popular messaging app among children and young people. It allows users to share fun, spontaneous pictures and videos with friends and family while using playful filters. One of Snapchat's unique features is that pictures, videos and messages are only viewable for a short period of time.

### ARTIFICIAL INTELLIGENCE

Snapchat's use of artificial intelligence (AI) includes features like the 'My AI' chatbot and AI-powered filters, offering interactive experiences that can be fun but also pose risks. These tools may share unfiltered or inaccurate responses, promote unrealistic beauty standards, and collect personal data. Advanced filters and deepfake-style lenses can distort reality, potentially leading to manipulation, impersonation, or inappropriate content.

### SCREEN ADDICTION

Snapchat boosts user engagement and daily use with features like streaks (daily Snapchat exchanges between you and a friend). When a streak's been going for a few days, users will see a 🔥 emoji. The number alongside it shows the number of days, but if users miss a day and break the streak, the only way to restore it is to pay. This encourages daily use habits, and frequent notifications can keep users returning to the app even more often.

### SEXTORTION

Because Snapchat's disappearing messages feature may foster a sense of safety, users may become targets of sextortion. For example, a predator may pressure someone into sending nude images, then somehow capture those images to threaten and intimidate the victim. This might involve claiming they will share the images with friends or family unless money is paid.

### SNAPCHAT+

Snapchat+ is the platform's premium subscription service, offering early access to new and exclusive features. In June 2025, Snapchat introduced a new tier called Lens+, giving subscribers access to hundreds of lenses and AR experiences for playing, creating, and sharing Snaps. These paid features may encourage young users to spend money to access exclusive content, increasing the risk of overspending or feeling pressured to make in-app purchases.

### ACCESSIBILITY

Snapchat is now accessible from a web browser, meaning children can use it on a laptop or tablet without downloading the app. This can make activity harder to monitor, reduce the effectiveness of parental controls, and increase the risk of unsupervised communication or exposure to inappropriate content.

### INAPPROPRIATE CONTENT

Some content on Snapchat isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's disappearing messages feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

## Advice for Parents & Educators

### ACCESS THE SNAPCHAT FAMILY SAFETY HUB

Created with guidance from Common Sense Media, Snapchat has developed a Family Safety Hub that explains how the app works and how to use its in-app protections for teens. It's recommended that you review this guidance before allowing a child to download Snapchat. Remember, the app is only intended for children aged 13 and over.

### ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. Talk about scams and blackmail before letting children sign up. If they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgementally about sexting, emphasising its inherent risks. Furthermore, explain how popular 'challenges' on the platform can have harmful consequences.

### BLOCK AND REPORT

If a stranger connects with a child on Snapchat and makes them feel uncomfortable by pressuring them to send or receive unwanted or inappropriate images, the child can tap the three dots on that person's profile to report or block them. There are options to state why they're reporting that user, with a tailored reporting section under the 'Nudity and Sexual Content' category. In this category, there's the option to report somebody for threatening to leak sexually explicit images, or 'nudes'.

### USE PRIVACY SETTINGS TOGETHER

Sit down with the children in your care and explore Snapchat's privacy settings as a shared activity. You can help them adjust who can contact them, view their stories, or see their location on Snap Map. It's a good opportunity to explain why some settings are safer than others, reinforcing their understanding of online boundaries. Encourage them to regularly review these settings, especially after app updates or changes in their friendship groups.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/snapchat>

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